Crohn’s disease

Deadline: Postmarked no later than November 1, 2017
Credit: 2 AAMA CEUs (gen/clin)  Code: 132175

Directions: Determine the correct answer to each of the following, based on information derived from the article.

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1. Crohn’s disease is an inflammatory bowel disease, but ulcerative colitis is classified in a different category of diseases.

2. Crohn’s disease occurs only in the colon and rectum.

3. The symptoms of Crohn’s disease can be similar to those of celiac disease (i.e., celiac sprue).

4. The upper third of the large intestine can be examined by a sigmoidoscopy.

5. Crohn’s disease is associated with a higher incidence of coronary artery disease.

6. Because corticosteroids have negative side effects, they should not be used on a long-term basis.

7. Crohn’s disease does not occur in patients younger than 18 years of age.

8. A stricture is a complication of Crohn’s disease.

9. Ulcerative colitis impacts the innermost lining of the colon.

10. Rectal bleeding and bowel urgency are associated with Crohn’s disease in the small intestine.

11. Raw vegetables can be a trigger food for people with inflammatory bowel disease.

12. Crohn’s disease cannot be diagnosed definitively without a biopsy and tissue diagnosis.

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Multiple choice

13. Which of the following is a true statement about Crohn’s disease?
   a. Crohn’s disease may develop in the mouth.
   b. Crohn’s disease affects only the outer layer of the bowel wall.
   c. Crohn’s disease appears in a continuous pattern, not in patches.

14. Which of the following is a true statement about ulcerative colitis?
   a. Ulcerative colitis is limited to the small intestine.
   b. Ulcerative colitis appears in a sporadic pattern.
   c. About 30 percent of people with ulcerative colitis in remission will experience a relapse in the next year.

15. Which of the following is a correct definition of an abscess?
   a. A narrowing of the section of the intestine caused by scarring, which can lead to an intestinal blockage.
   b. An ulcer on the intestinal wall that creates a tunnel to another part of the intestine, skin, or another organ.
   c. A collection of pus that can develop in the pelvis, around the anal area, or in the abdomen.

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